

ABOUT THE CAMP

With the premier goalkeeper camps costing anywhere from \$625-\$785, we want to give individuals a chance to get the same type of training without the huge cost. The staff has trained or instructed at the best goalkeeping schools in the country. It will be first-class instruction for goalkeepers of all ages and all abilities...from a beginner to the highest level of ODP & Y-League.

The Young GK Academy The Junior High GK Academy

Days: Monday-Thursday
Young GK Ages: 7-11 (male & female)
Junior High GK Ages: 12-14 (m & f)
Time: 9:15-11:30 am

These programs are designed for younger keepers at all levels of experience. Instruction will have three levels: a) Beginner b) Intermediate c) Advanced. The training will be age and ability appropriate. The curriculum has been created to challenge each goalkeeper to improve in all components of the game, while having a great time.

The Goalkeeper Academy

Days: Monday-Thursday
Ages: 15-20 (male & female)
Time: 5:45-8:00 pm

If you are ready to become a better goalkeeper, this program is for you. The curriculum below has been created to develop all areas of a goalkeeper. This intense training offers a great balance between the technical skills, tactical understanding, and goalkeeping-specific "physical training". With a combination of pressure training, match-related activities, and functional training sessions, you will walk out of this camp a much-improved goalkeeper at any level. **ANY RISING FRESHMAN OR SOPHOMORE IN COLLEGE** is welcome to attend and be challenged.

Techniques	Tactics	Physical Component
<ul style="list-style-type: none"> Catching Shot Saving Tipping & Parrying Crossed balls Boxing Diving Shots Footwork 	<ul style="list-style-type: none"> Decision making Organizing the Defense Breakaway Saves Angle Play and Positioning Starting Positions Reading the Attack Distribution Stance 	<ul style="list-style-type: none"> Proper Warm up Prevention of Injury Flexibility & Coordination Pressure Training Strength & Agility Mobility Balance

Academies will enhance their functional sessions with the use of JUGS machine training.

DIRECTOR: Mike Payne

Assistant Coach at Hiram College

Head Coach Hudson High School (00-09)

- DI State Champions (02) & Final 4 (01)
- Touchdown Club "Coach of the Year" (02)
- Ranked #1 in country by NSCAA
- Regional Runner-up (00)
- WRC "Coach of the Year" (00,01)
- Hudson United Soccer Club Coach
- USSF "A" License
- OYSA-N Coaching School Instructor (99-present)
- ODP Goalkeeper Instructor (98-99)
- Greater Akron Ron Pinsenschaum Award (08)



Playing Experience

- Cleveland Caps USISL (97-98)
- Columbus Invaders NPSL (97)
- Hampton Road Mariners USISL (96)
- Drafted by Cleveland Crunch (96)
- University of Akron (92-95)

HEAD CLINICIAN: Jason Spodnik

Director of Soccer Operations at CVCA

- State Championship (DII) (07)
- Ranked #1 in state (DII) (05)
- Nationally ranked (06)
- State Championship (DIII) (04)
- Ohio "Coach of the Year" (04)
- State Runner-up (02) (08)
- Regional Finalist (01) (03)
- Touchdown Club "Coach of the Year" (02) (04) (05) (07) (08)
- Plain Dealer "Coach of the Year" (02) (04) (05) (07)



Assistant Coach at Messiah College (95-00)

Messiah College: Div. III National Champions (00)
Director of Messiah Soccer Goalkeeping School
KNVB "B" License, USSF "B" License & English FA Badge
Instructor Soccer Plus Goalkeeping School, Keith Von Eron
Pro Camp No 1 Goalkeeper Camp, Star Goalkeeping Camp

Playing Experience

- Messiah College (88-91) All-Region (90-91)
- Charlotte Eagles USISL (92)

STAFF

Clinicians consist of highly regarded goalkeepers who have all been trained at the highest level and are excited to "teach their trade".

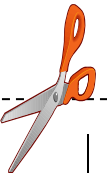
Camp Fees & Registration:

The cost of the Goalkeeper Academy is \$145.

The full fee must accompany completed application and signed release form. Checks should be made payable to: **MIKE PAYNE**

Send check, application, and medical release to:

Mike Payne
4167 Chapman Dr.
Brimfield, OH 44240



Application:

Name _____ Male Female

Address _____

City _____ Zip Code _____ Email _____

Phone _____

Age as of September 2009 _____ GK experience _____

School _____

Club _____

For my age group, I consider myself: Advanced Intermediate Beginner

Please check the camp you will be attending: :

\$145 - The Young Goalkeeper Academy (9:15-11:30) (Mon-Thurs) **NEW TIME / DAYS**

\$145 - The Junior High Goalkeeper Academy (9:15-11:30) (Mon-Thurs) **NEW TIME / DAYS**

\$145 The Goalkeeper Academy (5:45-8:00) (Mon-Thurs)

In case of emergency, call _____ Phone # _____

For more information:

Call: 330-338-8337
330-678-4088

or

E-mail: paynem@hudson.edu

Goalkeeper Academy Release Statement & Parental Consent Form

(Child's Name) has my permission to participate in the Goalkeeper Academy. I understand that camp participation may involve significant physical activity that could result in injury. I certify that the child is in good physical condition and is fully able to participate. I assume all risk involving incidents with my child and his/her participation and release the Goalkeeper Academy, it's employees, agents, officers, and volunteers from liability, claims, expenses, and actions that may cause injury or harm to the child as a result of camp participation.

In the event of a medical emergency, I authorize the Goalkeeper Academy to designate a physician or hospital or emergency personnel to provide medical care to the child, and release the Goalkeeper Academy from any liability for injury or harm to the child that may result from the medical care. I understand the responsibility for payment for such medical care will be mine and certify that the child is covered by adequate medical insurance.

I, _____, declare that I am the Father/Mother/Guardian of the above named child. I agree with this medical release and give my consent for my child to participate.

Parent or Guardian

Date

Quotes from Past Keepers and their Parents:

"I've been to two major keeper camps in Ohio and this camp blows them away."

"For the money, I can't imagine there being a better camp in the country. The individual attention was fantastic."

"I learned more in four days than I had for the last two seasons. I know I am ready for the next level."

"Our son came to the Young GK Academy a little scared because he was relatively new at goalkeeping, but he had such a great time he never wanted to be picked up."

"I am so ready for the fall. Thanks."

Directions to NC
5661 Stow Road
Hudson, Ohio
www.ncsoccerhudson.com

From the North:

Take Rt. 271 South to Rt. 8 South (Boston Hts., Akron exit). Stay on Rt. 8 until E. Streetsboro St. (Rt. 303) exit (Hudson/Peninsula exit). At end of exit ramp turn left on Rt. 303. Continue on 303 and turn right on Stow Rd.; turn left on Patterson Way.

From the South:

Rt. 8 N to Graham Rd. At end of exit ramp turn right on Graham Rd. Take Graham Rd. to Darrow Rd. (Rt. 91) and turn left. Take Darrow Rd. to Stow Rd. and turn right. Go 3.5 miles to Patterson Way and turn right.

From the East or West:

Take I-480 to Darrow Rd (Rt. 91 South), left on E Streetsboro St. (Rt. 303), right on Stow Road, Left on Patterson Way.

THE GOALKEEPER ACADEMY

Plus: Morning Sessions
Young GK Academy & Jr. High GK Academy



JUNE 14-17, 2010
AT NC SOCCER FIELDS
5661 Stow Road
Hudson, Ohio
(MON. – THURS.)

NEW LOCATION!